



DOLPHINS BASKETBALL CLUB

Team Selection & Training Intent

Objective:

As a Basketball Club, it is likely that players will be a part of several teams throughout their time with the Dolphins. All players are encouraged to play at a level where they are challenged and competitive to allow for the development of themselves as well as others on their team.

It is the intent of the club to field at least 2 team in each age group, that consist of the most competitive players in that age group.

1. Try outs and Team selection

- Prior to each season, the need for tryouts prior to team selections will be determined by the committee with input from existing coaches if required.
 - Players who have already registered for the upcoming season will be given priority in team allocation.
 - Team selection will first be done based on trying to select the most flexible and competitive two or more sides in each age group to assist in the development of all players.
 - Following any required try outs, age group coordinators will work with the Secretary, President and Coaches to finalise team selections for the upcoming season.
 - Teams may require alteration after the season has commenced throughout the grading period however this will be avoided if possible.
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2. Team Size

- It is preferable that teams have 8 players. The minimum number of players in a team is 7, and maximum team size is 11.
 - All efforts will be made to accommodate new players; however, it may be unavoidable that players need to join a wait list if there are not enough registrations to form additional teams.
 - All teams, particularly those with 7 or less players, must be familiar with the forfeit policy and ensure that all efforts are made to avoid forfeits.
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3. Additional Team selection considerations

- The availability of coaches may require teams to be adjusted
 - At the request of a parent, consideration shall be given to team selections where there are multiple siblings within an age group.
 - In lower grades, friendship or school groups may be considered when allocating teams. When this occurs, teams still need to be structured in a way that there is a consistent skill level across the team to ensure as many players as possible are playing in the appropriate division.
 - Where possible, entering two teams in the same division should be avoided. If it is not possible, the two teams should be selected to be as evenly matched as possible.
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4. Social and School Competitions

- Whilst our primary commitment is to enter teams in the Club competition of the Geelong United Community Competitions, Social and School competition entries are also an option.
 - As they are social competitions, the Social and School entries do not go through a club try out or team selection process if there are enough players as per part 2 of this document.
 - If there are enough players interested in playing in a social or school competition, the club will attempt to form a team, however this may result in the need to run a tryout process.
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5. Training time allocation

- The principles below will be used to guide the allocation of training times. These principles are to help develop consistent training and game play across the club, make future team transitions easier and provide additional support to coaches.
 - Where possible, same age groups of similar divisions should train together
 - Training night allocation will be first determined by game day
 - Under 8's will be allocated 30 minutes per week
 - Under 10's will be allocated 45 minutes per week
 - U12's and above are allocated 1 hour per week
 - Court hire for team training is only booked throughout school terms, and is not available over school or public holidays
 - Exceptions to any of the above can be requested by coaches for consideration by the committee
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