



DOLPHINS BASKETBALL CLUB

Team Selection & Training Intent

Objective:

As a Basketball Club, it is likely that players will be a part of several teams throughout their time with the Dolphins. All players are encouraged to play at a level where they are challenged and competitive to allow for the development of themselves as well as others on their team.

It is the intent of the club to field at least 2 team in each age group, that consist of the most competitive players in that age group.

1. Try outs and Team selection

- Prior to each season, the need for team selections will be determined by the committee with input from existing coaches if required.
 - Players who have already registered for the upcoming season will be given priority in team allocation.
 - Team selection will first be done based on trying to select the most flexible and competitive two sides in each age group to assist in the development of all players.
 - Following try outs, age group coordinators will work with the Secretary, President and Coaches to finalise team selections for the upcoming season.
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2. Team Size

- It is intended that the minimum number of players in a team is 7, but it is preferable that teams have 8 players.
 - All efforts will be made to accommodate new players; however, it may be unavoidable that players need to join a wait list if there are not enough registrations to form additional teams.
 - All teams, particularly those with less than 7 players, must be familiar with the forfeit policy and ensure that all efforts are made to avoid forfeits.
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3. Additional Team selection considerations

- The availability of coaches may require teams to be adjusted



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- At the request of a parent, consideration shall be given to team selections where there are multiple siblings within an age group
 - In lower grades, friendship or school groups may form the basis for team allocation. When this occurs, teams still need to be structured in a way that there is a consistent skill level across the team to ensure as many players as possible are playing in the appropriate division.
 - Where possible, entering two teams in the same division should be avoided. If it is not possible, the two teams should be selected to be as evenly matched as possible.
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4. Social and School Competitions

- Whilst our primary commitment is to entering teams in the Club competition of the Geelong United Community Competitions, Social and School competition entries are also an option.
 - As they are social competitions, the Social and School entries do not go through a club try out or team selection process. The club will assist a team by allocating additional players if required for team entry.
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5. Training time allocation

- The principles below will be used to guide the allocation of training times. These principles are to help develop consistent training and game play across the club, make future team transitions easier and provide additional support to coaches.
 - Where possible, same age groups of similar divisions should train together.
 - Training night allocation will be first determined by game day
 - Under 8's, 10's and 12 are allocated a half court each for 45 minutes for training each week.
 - U14 and above are allocated 1 hour per week, and ideally there would be 3 teams across 2 courts training together.
 - Exceptions to any of the above can be requested by coaches for consideration by the committee.
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